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FASD

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The Spectrum of FASD

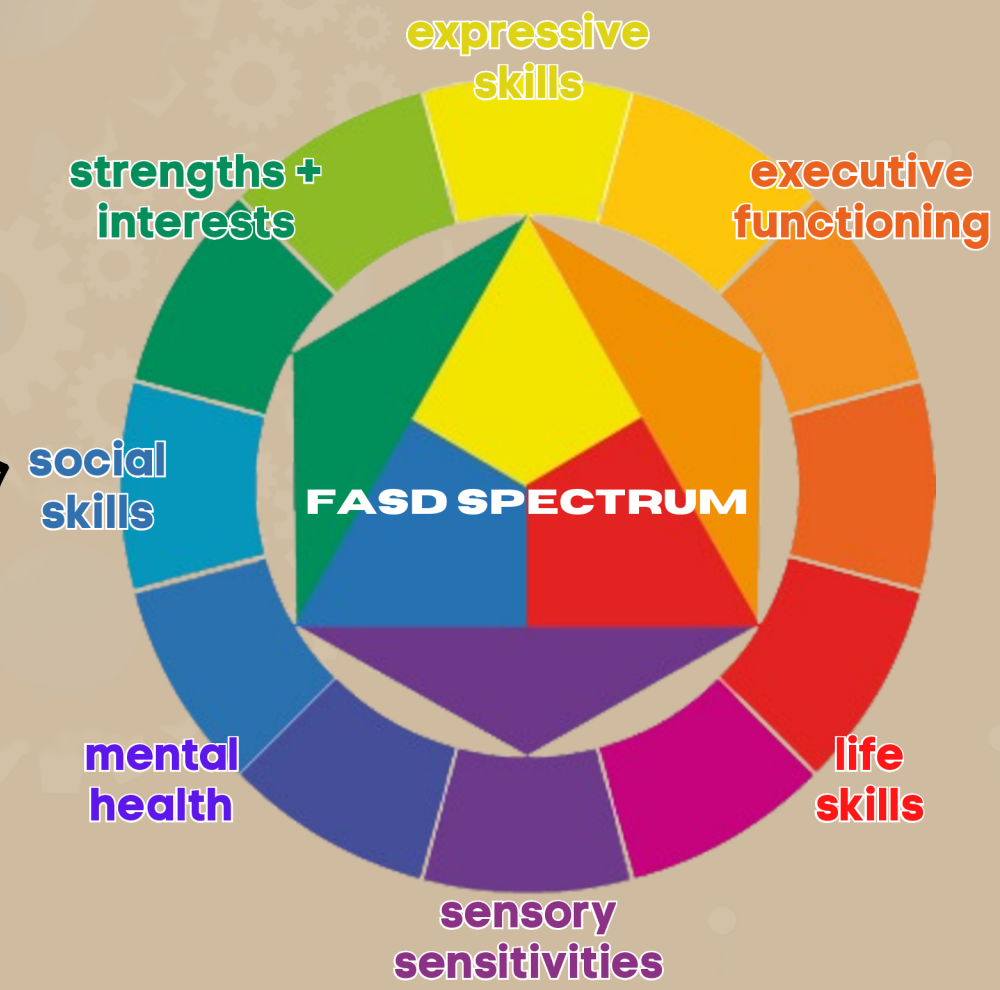
FASD is a spectrum diagnosis and **affects everyone differently.** Individuals with FASD may be slightly affected, significantly affected, or fall somewhere in between.

low functioning — **high functioning**

what people think it is **vs** what it actually is

THE FASD SPECTRUM

each person with FASD comes with different **strengths or needs** that can vary on the **spectrum** throughout the day depending on their environment



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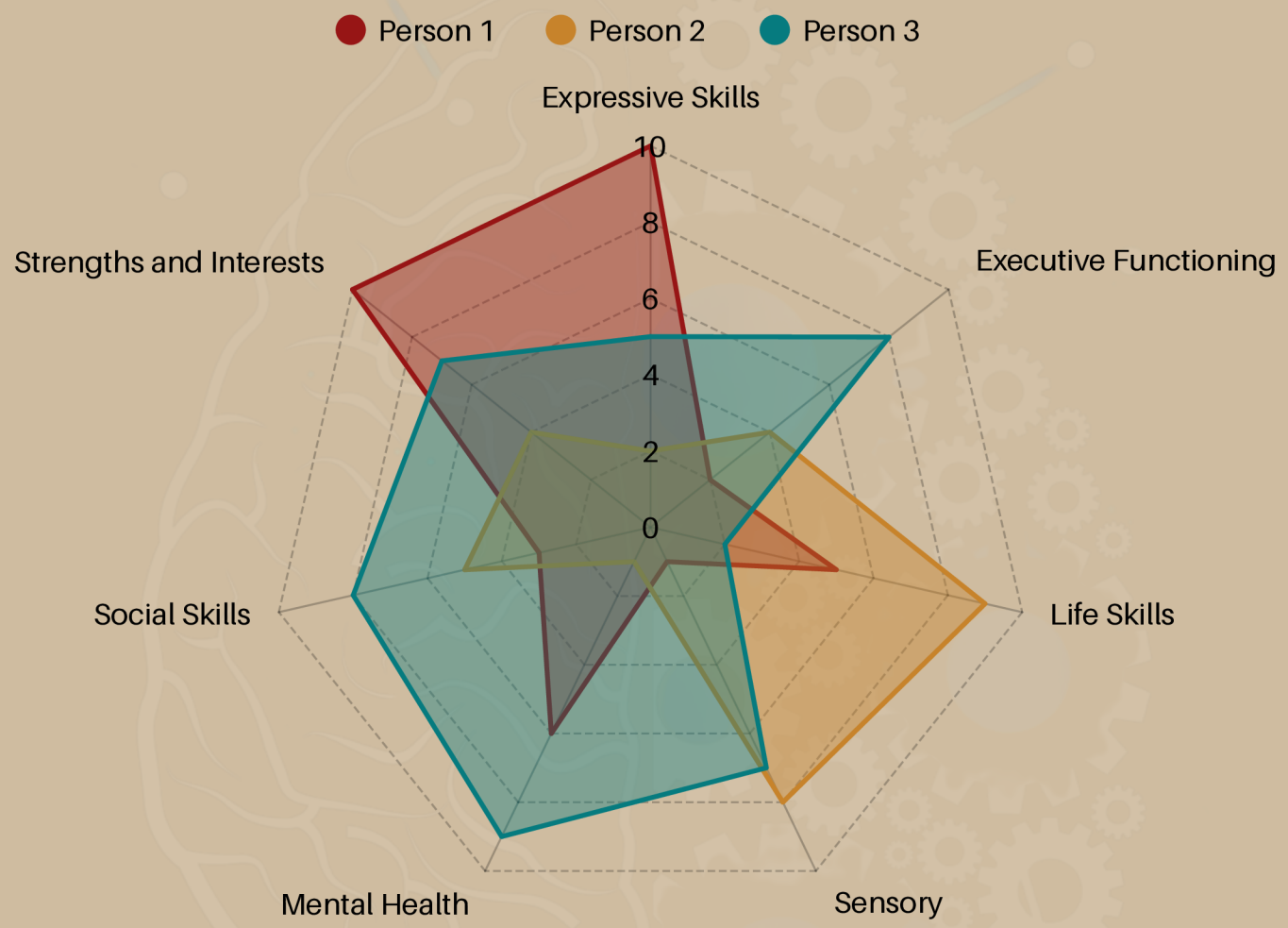

The spectrum of **FASD is not linear**. Individuals with FASD have many **unique strengths** and may experience some degree of **challenges** in their daily living. People with FASD may have very different strengths and challenges across the spectrum. This graph shows how three different people rank their skills in the areas from 0-10.

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