2021 - 2022

fasdNL Annual Report

fasd NL

fasdATLANTIC

fasdNL Board of Directors and Staff

A dedicated volunteer Board of Directors governs fasdNL. As a provincial board, we ensure we have representation from each region of the province. Our 2021-2022 directors:

Dr. Adrienne Peters //
Chair
Memorial University of Newfoundland and Labrador (Eastern)

Morgan Foley//
Director
Labrador Correctional Centre (Labrador)

Brenda Sheppard//
Director
Burin Peninsula Brighter Futures (Eastern External)

Karen Beresford//
Treasurer
Exploits Valley Community Coalition (Central)

TJ Lightfoot//
Director
Nunatsiavut Government (Labrador)

Kelly Mason//
FASD Advocate (Eastern)

Karen Smith//
Director
Central Health (Central)

Annie Picard//
Director
Innu Round Table (Labrador)

Bernice Hancock//
Director
Community Action Committee for Southwestern (Western)

Katharine Dunbar Winsor//
Executive Director

Laura Squires//
Project Coordinator

Megan Ropson//
Director
Labrador Grenfell Health (Labrador)

Adrienne Benoit//
Director
Western Health (Western)

Emily Collis//
Research Assistant

Hannah McLean//
Research Assistant

Marrah Kotler//
Research Assistant

Executive Director's Message

This report highlights fasdNL's activities from September 2021 to September 2022. Throughout the last year, fasdNL has continued to expand thanks to the ongoing financial support of Newfoundland and Labrador's Department of Health and Community Services.

Over the past year, our work has been supported by the Public Health Agency of Canada through the FASD Strategic Projects Fund, making possible the first multi-year FASD project in Atlantic Canada entitled *Toward Prevention: An Atlantic FASD awareness and collaborative action-building initiative.*

Some of the activities included in this project include:

- The development and release of an Atlantic-wide FASD prevention and awareness campaign on social media and radio. The campaign, active through 2024, is also available in French, Inuktitut, and Mi'kmaq.
- The launch of *FASD 101 and the Justice System* training and facilitator's training has provided training to justice and legal professionals across the Atlantic provinces. Since 2021, over 325 professionals have received the training.

As a Project Partner, fasdNL, in collaboration with Dr. Adrienne Peters, Assistant Professor Memorial University of Newfoundland and Labrador (MUNL) and fasdNL chair, launched *FASD Needs Assessment: Building a Foundation in Newfoundland and Labrador and into Atlantic Canada.* The primary objective of this research is to conduct the first provincial and regional community needs assessment to ascertain the main social, familial, educational, health, and legal needs associated with FASD. Using a multi-stage model, we are identifying key FASD needs, service barriers and strategies for improvement and access in the province. As part of this research, fasdNL's research team presented preliminary findings at the Annual Canadian Sociological Association (CSA) Conference. This project is ongoing, with further updates to follow in the year ahead.

We recognize that gaps for support remain across Newfoundland and Labrador and into Atlantic Canada. Our virtual monthly parent/caregiver group has grown over the past year, and we created a private Facebook group for parents and caregivers across Atlantic Canada. The group allows individuals to network, discuss, and share resources.

fasdNL's former Project and Logistics Assistant, Laura Squires, was recently promoted to Project Coordinator, increasing our capacity as a growing organization.
We continue to benefit from the work of undergraduate and graduate research assistants in developing evidence-based training and resources.

In 2021-22, we collaborated with community organizations, regional health authorities, professionals, and individuals with lived experience. Thank you for learning about fasdNL and supporting our work in diverse ways.

Katharine Dunbar Winsor
Executive Director

2021-2022 Activities

2021-2022

Social Media Management

Writing Papers, Reports and Blog Posts

Conference Planning

Disability Tax Credit Video Series

FASD Awareness Month Activities

Needs Assessment Recruitment and Coordination

Creating and Restructuring Resources

Creating and Redeveloping Graphics/Visuals

Rock Art Painting Guide

#MoveForFASD

Putting FASD on the Map

Laura Squires
Project Coordinator

FASD in Atlantic Canada

Putting FASD on the Map in Atlantic Canada

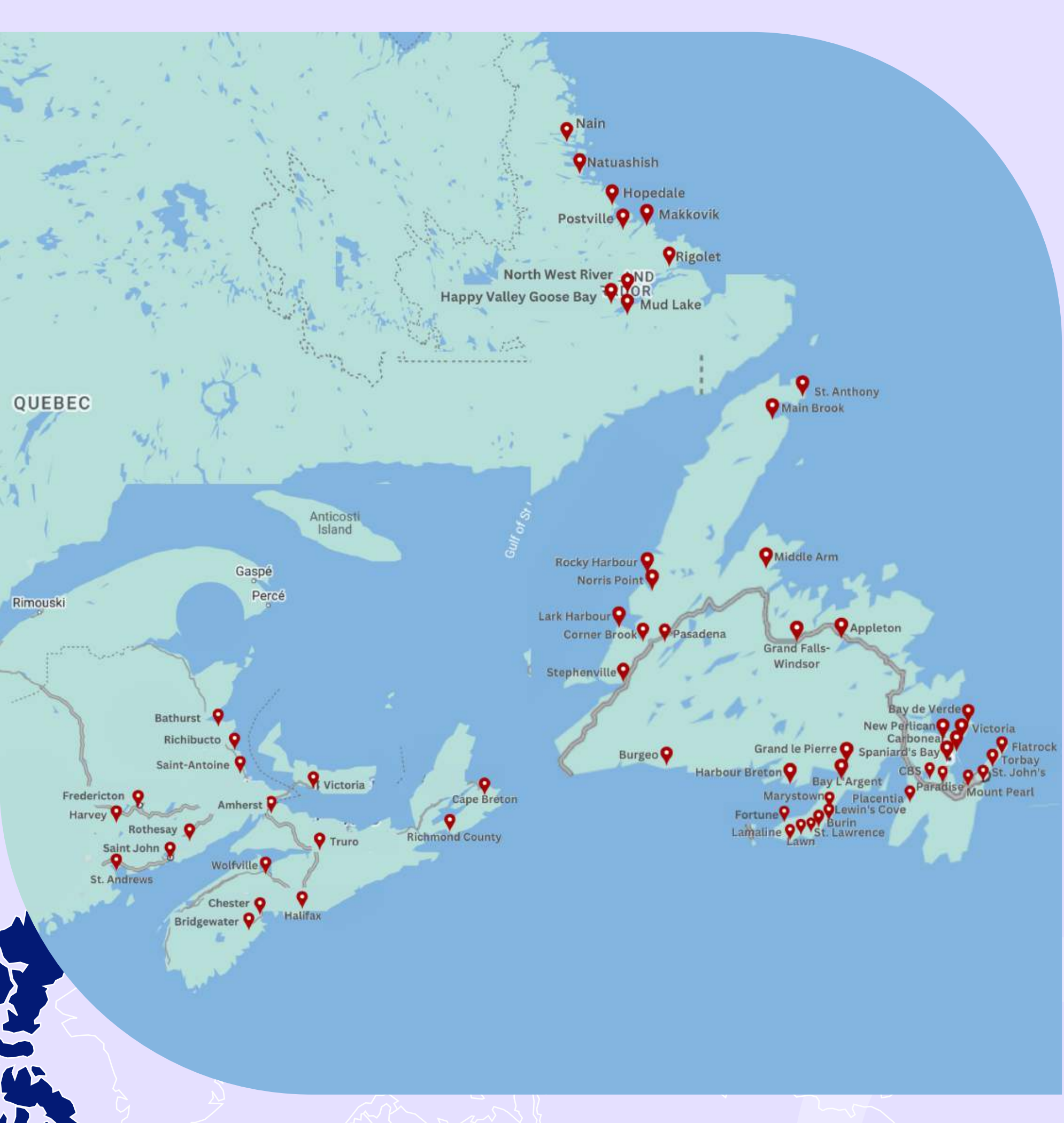
To help spread awareness and accurate messaging about FASD, we invited municipalities all across Atlantic Canada to proclaim September, 2022, as FASD Awareness Month. In total, almost 60 locations across Atlantic Canada issued proclamations. We thank all who took part and the provinces of Newfoundland and Labrador, Nova Scotia, New Brunswick, and Prince Edward Island for their awareness efforts.

Nova Scotia
Proclamation
FASD Awareness Month
Wendy Donovan
Mayor
Mayor Henderson
Paradise

FASD in Atlantic Canada

Putting FASD on the Map in Atlantic Canada

This year 57 locations across Atlantic Canada issued proclamations for FASD Awareness Month in September.



Together, we are putting FASD on the map in Atlantic Canada!

Research

Community Needs Assessment

Purposes

1. Collect information from individuals personally and/or professionally impacted by fetal alcohol spectrum disorder (FASD) in NL, NB, PEI and NS.

2. Examine the observed and perceived service/support needs for FASD throughout the Atlantic provinces.

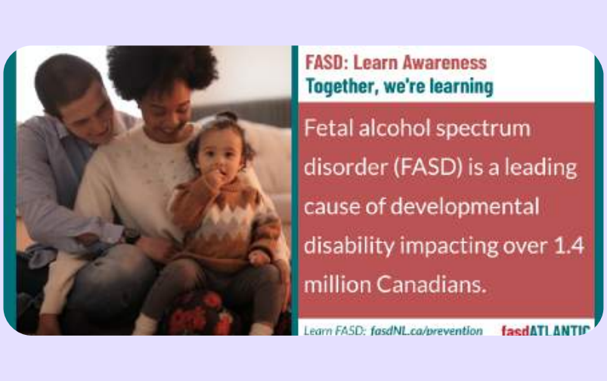
Project Development
Identification of Problem
Planning
Recruitment

Data Collection
Interviews
Surveys
Focus Groups

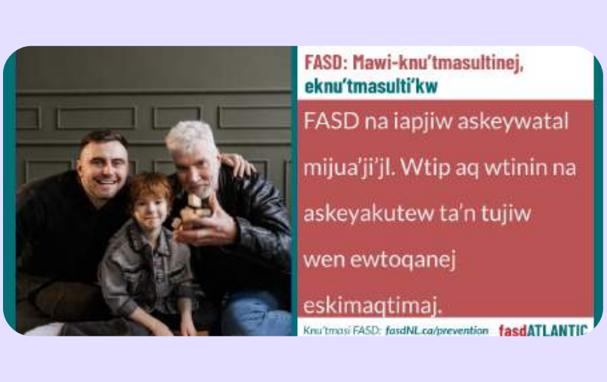
Analysis
Data Analysis
Review and Steps Forward
Taking Action

FASD Prevention and Awareness Social Media Campaign

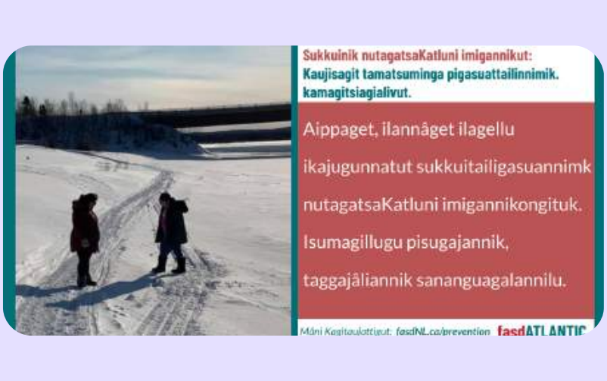
The campaign was developed using community based peer review and highlights how partners, families and communities can help support healthy pregnancies. The campaign in available in English, French, Inuktitut, and Mi'kmaq.



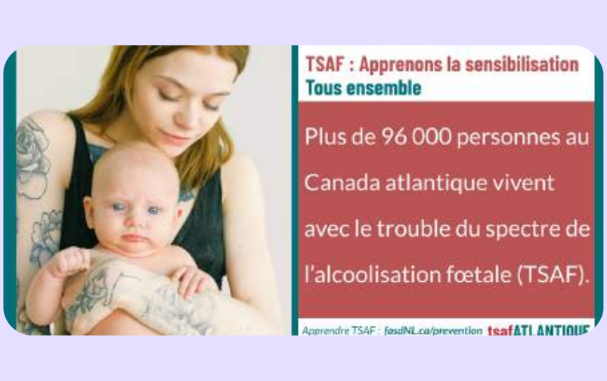
FASD: Learn Awareness
Together, we're learning
Fetal alcohol spectrum disorder (FASD) is a leading cause of developmental disability impacting over 1.4 million Canadians.
Learn FASD: fasdNL.ca/prevention fasdATLANTIC



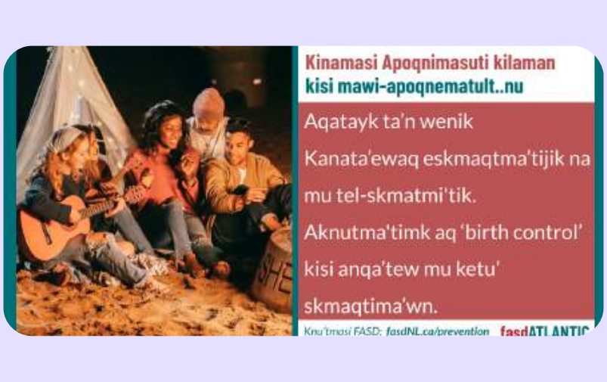
FASD: Mawi-knu'tmasultinej, eknu'tmasulti'kw
FASD na iapjiw askeywatal mijua'ji'jl. Wtip aq wtinin na askeyakutew ta'n tujiw wen ewtoqanej eskimaqtimaj.
Kinu'tmasi FASD: fasdNL.ca/prevention fasdATLANTIC



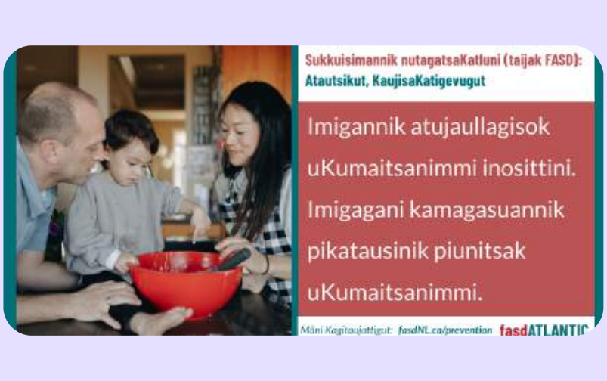
Sukkuinik nutagatsaKatluni imigannikut: Kaujisagit tamatuminga pigasuattailinnimik. kamagitsiagialivut.
Aippaget, ilannâget ilagellu ikajugunnatut sukkuitailigasuannimk nutagatsaKatluni imigannikongituk. Isumagillugu pisugajannik, taggajâliannik sananguagalannilu.
Mâni Kaujisaulattuk: fasdNL.ca/prevention fasdATLANTIC



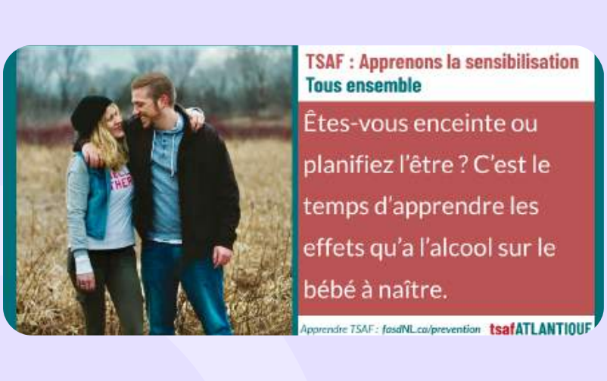
TSAF : Apprenons la sensibilisation
Tous ensemble
Plus de 96 000 personnes au Canada atlantique vivent avec le trouble du spectre de l'alcoolisation fœtale (TSAF).
Apprendre TSAF : fasdNL.ca/prevention tsafATLANTIQUE



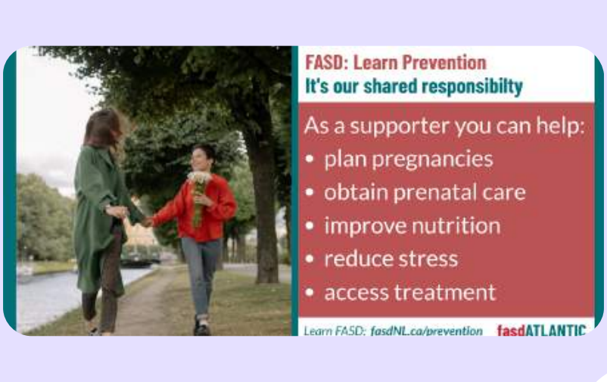
Kinamasi Apoqnimasuti kilaman kisi mawi-apoqnematult..nu
Aqatayk ta'n wenik Kanata'ewaq eskmaqtma'tijik na mu tel-skmatmi'tik. Aknutma'timk aq 'birth control' kisi anqa'tew mu ketu' skmaqtima'wn.
Kinu'tmasi FASD: fasdNL.ca/prevention fasdATLANTIC



Sukkuisimannik nutagatsaKatluni (taijak FASD): Atautsikut, KaujisaKatigevugut
Imigannik atujuallagisok uKumaitsanimmi inosittini. Imigagani kamagasuannik pikatausinik piunitsak uKumaitsanimmi.
Mâni Kaujisaulattuk: fasdNL.ca/prevention fasdATLANTIC



TSAF : Apprenons la sensibilisation
Tous ensemble
Êtes-vous enceinte ou planifiez l'être ? C'est le temps d'apprendre les effets qu'a l'alcool sur le bébé à naître.
Apprendre TSAF : fasdNL.ca/prevention tsafATLANTIQUE



FASD: Learn Prevention
It's our shared responsibilty
As a supporter you can help:
- plan pregnancies
- obtain prenatal care
- improve nutrition
- reduce stress
- access treatment

Learn FASD: fasdNL.ca/prevention fasdATLANTIC

The campaign is available for download here.

Our Funders & Supporters

- Government of Newfoundland & Labrador
- Public Health Agency of Canada
- Mitacs
- Newfoundland and Labrador Liquor Corporation
- Daybreak Parent Child Centre
- Community Action Committee for Southwestern
- Burin Peninsula Brighter Futures
- St. John's Status of Women's Council Managed Alcohol Program
- Exploits Valley Community Coalition
- New Brunswick FASD Centre of Excellence
- Kids First Association
- Mi'kmaq Family Resource Centre

Join our Newsletter

Become an fasdNL Member

Request FASD Training

2021 - 2022

Annual Report

www.fasdNL.ca

fasd NL

fasdATLANTIC