



Breastfeeding Resources in Prince Edward Island

PEI Breastfeeding Coalition

- Telephone- 1-902-894-2267
- Email- peibreastfeedingcoalition@gmail.com
- <https://www.peibreastfeedingcoalition.org>
- <https://www.facebook.com/PEIBreastfeedingCoalition/>

Breastfeeding Support Through Public Health Nurses: Find a Public Health Nurse Near You

- <https://www.princeedwardisland.ca/en/information/health-pei/public-health-nursing#PublicHealthNursing>

211 Prince Edward Island

- Find community, government and social services depending on your specific needs.
- Telephone- 211
- <https://pe.211.ca>

Find a Local Family Resource Centre Near You

- Find a wealth of resources & supports about breastfeeding. Find a centre closest to you by using the link below. Programs vary per centre.
- <https://www.princeedwardisland.ca/en/information/education-and-lifelong-learning/family-resource-centres>

Guide to Breastfeeding Your Baby

- https://www.princeedwardisland.ca/sites/default/files/publications/breastfeeding_your_baby.pdf

Pregnancy and Post-Natal Resources Throughout PEI (filter by postal code or community name to find resources near you)

- <https://pe.211.ca/result?category=36174>

Pregnancy Counselling and Supports

- Telephone- 1-844-365-8258
- <https://www.princeedwardisland.ca/en/information/health-pei/pregnancy-counselling-and-support>



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For more information...

To learn more about resources available in each Atlantic province, visit www.fasdNL.ca/resources.