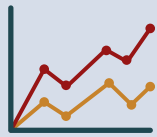


# DID YOU KNOW ?

## Fetal Alcohol Spectrum Disorder

### Fetal Alcohol Spectrum Disorder (FASD)



is a **LEADING CAUSE**



of developmental disabilities with lifelong impacts in Canada.

Effective FASD interventions and supports from infancy to childhood can dramatically improve someone's chances at participating and contributing more fully in their community.

FASD is a complex public health issue due to social drinking cultures, stigma, mental health and addictions, and the multi-disciplinary approach in diagnoses and service provision.



Access to **DIAGNOSIS, INTERVENTIONS, AND SUPPORTS** can help people with FASD and their families thrive.

FASD diagnoses are valuable in informing how people:

- interpret behaviours
- create nurturing environments
- set realistic expectations

FASD occurs in **EVERY SOCIETY THAT CONSUMES ALCOHOL**



regardless of group, community, or socioeconomic status.

Evidence-based research recommends addressing FASD prevention at four levels:

1. Broad awareness.
2. Dialogue on alcohol and related risks with all people of childbearing age.
3. Specialized support of pregnant people who are drinking alcohol.
4. Support for new parents.



It is critical that employers, service providers, social supports use trauma- and FASD-informed approaches for adults living with FASD.